



MENU OPTIONS

BREAKFAST

ALL SERVED WITH TOAST & JAMAICAN GUAVA JELLY OR PEPPER JELLY

- Fresh fruit plate
- Bacon and eggs (fried, scrambled or poached)
- Omelet – either vegetable, cheese, Spanish or sweet plantains
- Banana pancakes with butter & syrup (*Signature Dish*)
- Chocolate chip pancakes with butter & syrup
- Brown sugar French toast topped with sliced bananas, butter & syrup
- Jamaican ackees with cod fish, fried dumplings & sweet plantains or tostones (fried green plantains)
- Jamaican sliced cabbage with codfish, callaloo & tostones
- Oatmeal with cinnamon & sliced bananas
- Scrambled eggs w/ cheese, tomatoes and scallions (*Signature Dish*)
- Dry cereals as desired

SALADS

- Greek Salad
- Caesar Salad
- Caesar Salad with grilled chicken
- Lettuce & Tomato Salad
- Avocado Salad (in season)
- Chicken Salad
- Tuna salad
- Mixed green salad with slices of mango and/or oranges

SOUPS

- Gazpacho Soup with shrimp topping
- Vegetarian soup
- Creamed potato soup with bacon
- Green split pea soup
- Pumpkin Soup
- Red Pea Soup
- Black bean soup
- Chicken Soup
- Lentil Soup

HOR D'OEUVRES

- Raw Vegetables With Sour Cream Dip
- Black Beans With Sour Cream & Tortilla Chips
- Parmesan Cheese Sticks
- Chicken Wings With Blue Cheese Dip (Buffalo Wings)

- Crackers with cream cheese & Jamaican Pickapeppa Sauce
- Assorted Cheeses
- Celery sticks with cream cheese spread
- Cheese Puffs
- Baked mushroom caps (when available) with cheese filling

ENTREES

SERVED WITH WHITE OR BROWN RICE, JAMAICAN RICE & PEAS OR POTATOES AND CHOICE OF VEGETABLES

- Crusted Red Snapper with white wine (*Signature Dish*)
- Grilled Chicken
- Grilled Steak (Filet) with blue cheese & mushrooms
- Escovitch Fish
- Grilled Red Snapper
- Curried shrimp or chicken
- Garlic shrimp
- Lobster – in season
- Jerk Chicken or pork with Jamaican rice & peas or brown rice
- Chicken Cordon Bleu
- Chicken Kiev
- Cuban black beans and brown rice with chicken & sweet plantains
- Spaghetti with marinara sauce
- Chicken breast stuffed w/ cream cheese & jerk sauce (*Signature Dish*)
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DESSERTS

- Ice Cream
- Key Lime Pie
- Jamaican Rum Cake with or without rum sauce (*Signature Dish*)
- Double chocolate cake with chocolate fudge topping
- Mango bread pudding (in season)
- Pineapple bread pudding
- Bananas Foster with ice cream
- Pecan pie with or without whipped cream
- Coconut pineapple cake (*Signature Dish*)
- Assorted cheeses
- Fresh fruit plate

LUNCH SUGGESTIONS

- Egg, tuna or chicken salad with lettuce, tomatoes & cucumbers
- Grilled cheddar cheese and tomato sandwich with choice of soup
- Chicken nuggets with spicy mango sauce
- Curried tuna casserole (*Signature Dish*)
- Any of the salads listed above.

BEVERAGES

- Blended fresh fruit punch
- Iced Green Tea spiced with ginger (*Signature Beverage*)
- Jamaica sorrel (in season)