

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Bacon & Ham

Toast & Bagels

Lunch

~

Assorted Cold Meats

Chilled Shrimp Platter with Herb Mayonnaise

Green Salad with Avocado (seasonal) drizzled with our special Fortlands dressing

Crusty French Bread

Dinner

~

Jerk Chicken - an Island Favorite

Rice & Peas

Festival

Selection of Steamed Vegetables

House Mixed Salad with Citrus Dressing

Fresh Fruit Salad

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Sausages

French Toast with Maple Syrup

Lunch

~

Coconut crusted Shrimp with Creamy Blue Cheese Dip

Spicy Chicken Wings

Red & White Crunchy Asian Slaw

Garlicky Bread

Dinner

~

Creamy Pumpkin Soup

Steamed Fillet of Fish

Baked Creamy Yellow Yam Casserole with Cheese

Callaloo & Buttery Carrots

Fried Plantain

Chocolate Cake

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Hash Browns

Bacon

Pancakes with Maple Syrup

Lunch

~

Tuna Salad Nicoise

Tuna with Boiled Egg, Potatoes, Green beans, Black Olives in a Pesto Dressing

Chicken Salad

Dinner

~

Red Pea Soup

Tomato & Mozzarella Salad with fresh Basil

Rosemary Roasted Leg of Lamb

Wild & Basmati Rice

Veggie Casserole & Steamed Pachoy

Caramel Custard

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Omelettes of your choice

Calaloo & Salfish taster

Bacon or Sausages

Lunch

~

Homemade Sirloin Burgers

Chicken Burgers & Hot Dogs

Home Fries or Wedges

Lettuce, Tomatoes, Onions, Pickles & Sliced Cheese

Dinner

~

Tomato Soup with Parmesan Croutons

Garden Salad with Lime Dressing

Oven baked Salmon with Lime Butter and Mustard sauce

Mashed Potatoes

Steamed Broccoli

Coconut Cream Pie

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Ackee & Saltfish Taster

Johhny Cakes, Boiled Yam & Banana

Lunch

~

Rasta Pasta with Sweet peppers, Corn & Green Beans in a Tangy Tomato Sauce

Grilled Chicken or Fish Kebabs

Caesar Salad with Croutons

Assorted Breads

Dinner

~

Chicken Soup

Rib Eye Steaks

Saute Mushrooms & Onions

Double Baked Cheese Potatoes

Creamy Mashed Pumpkin

Lime or Mango Mousse (in season)

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Jamaican Escoveitched Fish

Bammy

Toast & Bagels & Cream Cheese

Lunch

~

Jamaican Style Curried Chicken

White Rice

Boiled Bananas

Mango Chutney

Dinner

~

Pepper pot Soup with Spinners

Grilled Butter Lobster (in Season) or Grilled Snapper Fillet

Scallop Potatoes

Steamed Spinach with Lime

Jamaican Baked Rum Bananas with ice cream

Breakfast

~

Fruit Platter

Freshly squeezed Orange Juice

Eggs of your choice

Waffles

Corn Muffins

Crispy Bacon

Lunch~

~

Beef Satay Skewers or Sweet & Sour Chicken

Stir Fry Vegetables

Crunchy Noodles with Oyster Sauce

Dinner

~

Fish Soup

Pork Loin with Mustard sauce

Pumpkin Rice

Saute String Beans with Toasted Almonds

Chocolate Cheesecake